The Power Of Mental Wellness: Wellness In Psychiatry

Tuesday, January 23, 2018 | 12pm ET | 9am PT

Data from a 30-day prescriptive wellness program supports the clinical repercussions of neglecting a targeted wellness strategy in the care of patients with mental health issues. The strategies discussed during this program will emphasize not only the importance of educating patients on the concept of wellness, but also on the critical need for ensuring accountability in any wellness approach. Join speakers Rakesh Jain, MD, MPH, and Saundra Jain, MA, PsyD, LPC, as they examine the neurobiology of wellness interventions and highlight potential clinical implications. Speakers are paid consultants for Otsuka Pharmaceutical Development & Commercialization, Inc.

Rakesh Jain, MD, MPH
Clinical Professor, Department of Psychiatry, Texas Tech Health Sciences Center School of Medicine

Saundra Jain, MA, PsyD, LPC
Adjunct Clinical Affiliate, University of Texas School of Nursing

Kim Lonergan, RN, MSN, Medical Science Liaison for Otsuka Pharmaceutical Development & Commercialization, Inc., will be the moderator of this event.

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