Navigating the Digital Era: Social Media and Mental Health

Tuesday, November 5, 2019 | 12pm ET | 9am PT

Current technological advances allow people to be increasingly and constantly engaged in a variety of social media platforms. This engagement has been studied to assess if and how interactions on these social media platforms may affect mental health, particularly depression and anxiety. In this webinar, Dr. Brian Primack, MD, PhD and Dr. Jeff Cain, EdD, will discuss the nuances of emerging data on social media and mental health as well as discuss the future.

Speakers are paid consultants to Otsuka Pharmaceutical Development & Commercialization, Inc.

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